



CITY OF LEWISTON, MAINE

COUNCIL RESOLVE

March 17, 2020

Resolve, Calling Upon the Residents of and Visitors to the City of Lewiston to Comply with the Guidance from the United States Center for Disease Control and Prevention Regarding Prevention, Mitigation, and Response to the COVID-19 Pandemic.

Whereas, the spread of the COVID-19 virus has characterized as a global pandemic and state of emergency have been declared in the United States and the State of Maine to allow extraordinary steps to be taken to limit its spread; and

Whereas, Maine has confirmed cases of COVID-19 in Maine and in Androscoggin County with the expectation of an exponential increase in confirmed cases; and

Whereas, in order to protect the health and welfare of our community, it is essential that all residents of and visitors to Lewiston strictly adhere to certain precautions; and

Whereas, the United States and the Maine Centers for Disease Control have provided recommendations to communities based on public health best practice; and

Whereas, COVID-19 appears to be spread mainly from person-to-person through respiratory droplets produced when an infected person coughs or sneezes; and

Whereas, infected individuals may spread the disease before exhibiting any symptoms; and

Whereas, older adults and those who suffer from underlying chronic medical conditions such as heart or lung disease or diabetes seem to be at higher risk for developing serious complications from this illness; and

Whereas, social distancing and reducing contact with others is the most effective method of preventing viral transmission;

Now, therefore, be it resolved by the City Council of the City of Lewiston that

We call upon all residents of and visitors to the City of Lewiston work collectively to protect our most vulnerable residents, prevent the spread of this disease, and ensure that medical care is available to those who need it by, at a minimum, adhering to the guidance from the Centers for Disease Control to prevent the spread of COVID-19. We urge everyone to:

- Avoid events, meetings, and public and private spaces where 10 or more individuals are gathered; if possible, avoid all unnecessary in-person meetings;
- Maintain a distance of 6 feet from others to prevent exposure to respiratory droplets;
- Wash hands frequently, using hot water and soap for a minimum of 20 seconds;
- Cover your mouth when sneezing or coughing, using a tissue or elbow;
- Stay home if you are sick;
- Monitor and adhere to guidance from the US CDC as recommendations evolve in response to changing circumstances.